

# Year 8 PE

## Autumn 2 Level Ladder

All students are expected to master at least the Level 5 content by the end of the half term.

Check Arbor or ask your child what their current working and target level is in PE

Topic: Rugby

**EG:**

5A - mastered all of the Level 5 content

5B - mastered some of the Level 5 content

5C - mastered all of the Level 4 content and beginning to master some Level 5 content

Throughout the course of Year 8, students will study 10 different modules (or sports).

Criteria	Level 3	Level 4	Level 5	Level 6
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<b>Passing</b>	I can pass the ball short distances using two hands. In a practice situation, I can usually pass to my partners chest.	I can make a spiral pass. I can use this consistently in a practice situation and sometimes in a game.	I can use the spiral pass accurately in a competitive game situation.	I can use the spiral pass accurately and powerfully in a competitive game situation. I can draw in an opponent and pass at the correct moment.
<b>Kicking</b>	I can sometimes kick accurately in a practice scenario.	I can usually kick the ball accurately and powerfully in a practice scenario. I can perform a place kick and punt in a game situation.	I can kick the ball accurately and powerfully in a practice scenario and competitive game situation.	I can kick the ball accurately and powerfully in a practice scenario and competitive game situation. I select the correct moment to kick the ball in a game situation.
<b>Tackling/ Rucking</b>	I can mark an opponent and make a tag in tag-rugby.	I can mark an opponent and make a tag in tag-rugby. I perform a tackle with the correct technique in a controlled practice situation.	I can mark an opponent and make a tag in tag-rugby. I can perform a tackle with the correct technique in a controlled practice situation. In a game, I can safely and correctly compete for a ball at the ruck.	I can mark an opponent and make a tag in tag-rugby. I can perform a tackle with the correct technique in a competitive game. In a game, I can safely and correctly compete for a ball at the ruck. I am usually successful at the ruck.
<b>Game Sense (Tactics)</b>	I have a basic understanding of the game. I understand the objectives and concept of being on side.	I have a good understanding of the different positions. I can play in a team and execute tactics that I am instructed to do by a leader.	I can be a leader, and sometimes devise tactics for the rest of my team. I understand how to play a positive role in a team by executing my position effectively and helping others.	I show good understanding of tactics and strategy and can make deliberate changes to myself or to my team in order to improve the team's chance of success. I can read the game and make decisions accordingly. I can be a strong leader. I can play in a range of positions in a competitive game.
<b>Resilience</b>	I usually try my best and play by the rules.	I try my best and remain positive when winning or losing.	I remain positive when winning or losing. I provide help to my peers or teammates who are having difficulty. I respect the referee's decisions.	I remain positive when winning or losing. I provide help to peers or teammates who are having difficulty. I respect the referee's decisions. I applaud good play from my opponents and shake hands with them at the end of a match.
<b>Team work</b>	I cooperate and work with most of my peers.	I will work with all members of the class and collect or pack up equipment. I can communicate positively with team mates. I change for PE in 5 minutes or less. I line up quietly at the start and end of lessons and walk in a single file line.	I am happy to work with all members of the class. I am able to be both a leader or a follower. I willingly help with class equipment. I line up quietly at the start and end of lessons and walk in a single file line.	I am happy to work with all members of the class. I am able to be both a leader and follower at the right time. I volunteer to assist with class equipment. I change for PE in under 5 minutes. I always lines up quietly at the start and end of lessons and I walk in a single file line. I encourage and help my peers to do the same.
<b>Health and Fitness</b>	I usually wear most of the correct PE Kit. I can walk to and from PE venues without tiring. With encouragement, I will participate in a warm up.	I usually wear a complete PE Kit. I can walk to and from PE venues without tiring and participate with energy for the whole lesson. I willingly participate in a warm up. I can state some general ways to improve fitness for rugby.	I always wear a complete PE Kit. I always walk quickly to and from PE venues and participates with energy for the whole lesson. I can lead peers in an effective warm up for rugby. I usually brings a water bottle to lesson.	I always wear a complete PE Kit. I always walk quickly to and from PE venues and participate with energy for the whole lesson. I can lead peers in an effective warm up for rugby. I can state specific methods to improve fitness for rugby. I always bring a water bottle to lesson.