

Year 7 PE

Autumn 2 Level Ladder

All students are expected to master at least the Level 4 content by the end of the half term.

Check Arbor or ask your child what their current working and target level is in PE

Topic: Football

EG:

4A - mastered all of the Level 4 content

4B - mastered some of the Level 4 content

4C - mastered all of the Level 4 content and beginning to master some Level 5 content

Throughout the course of Year 7, students will study 10 different modules (or sports).

Criteria	Level 3	Level 4	Level 5	Level 6
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Passing	I can pass the ball using the inside of my foot. Sometimes the ball goes in the direction I want it to go. I can describe the correct technique and start to use it effectively.	I can use the inside of my foot to pass, usually with accuracy. I have a good understanding of the correct technique and I can use this consistently in a practice situation.	I can use both feet to pass in a practice situation. I can execute both a short pass and long pass with good accuracy most of the time. I can use the pass effectively in a competitive situation.	I can execute a short and long pass with accuracy and consistency. I can make effective passes during a competitive scenario which create opportunities to score goals. I can use both feet consistently in a competitive scenario.
Ball Control	I can sometimes control the ball in a practice scenario and stop it by my feet.	I can usually control the ball with both feet in a practice scenario. Starting to be able to control the ball with other areas of the body. I can dribble the ball keeping it close in a practice.	I can usually control the ball with consistency in a competitive scenario with different parts of the body. I can dribble the ball with consistency in a practice situation.	I can consistently keep control of the ball in a competitive scenario. I can bring the ball down to my feet with any part of my body while under pressure.
Shooting	I can shoot using the correct technique in a practice situation. Sometimes the ball goes towards the goal.	I can shoot with the correct technique with some accuracy and consistency. The ball usually goes towards the goal but not always in the corners.	I can shoot with both feet in a practice scenario. I can have shots which are aimed towards the corners of the goal to make it difficult for a goalkeeper to save. I am accurate most of the time.	I can shoot with accuracy and consistency in a competitive scenario. I can shoot with both feet. I have effective technique and have the ability to score from different areas of the pitch during a competitive scenario.
Game Sense (Tactics)	I have a basic understanding of the game. I can explain the different positions and sometimes execute a specific role in a competitive game.	I have a good understanding of the different positions. I have a basic understanding of tactics within a game. I can play in a team and execute tactics that I am instructed to do by a leader.	I understand the importance of roles within a team. I can be a leader, and sometimes devise tactics for the rest of my team. I understand how to play a positive role in a team by executing my position effectively and helping others.	I show good understanding of tactics and strategy and can make deliberate changes to myself or to my team in order to improve the team's chance of success. I can read the game and make decisions accordingly. I can be a strong leader. I can play in a range of positions in a competitive scenario.
Resilience	I usually try my best and play by the rules.	I try my best and remain positive when winning or losing.	I remain positive when winning or losing. I provide help to my peers or teammates who are having difficulty. I respect the referee's decisions.	I remain positive when winning or losing. I provide help to peers or teammates who are having difficulty. I respect the referee's decisions. I applaud good play from my opponents and shake hands with them at the end of a match.
Team work	I cooperate and work with most of my peers.	I will work with all members of the class and collect or pack up equipment. I can communicate positively with team mates. I change for PE in 5 minutes or less. I line up quietly at the start and end of lessons and walk in a single file line.	I am happy to work with all members of the class. I am able to be both a leader or a follower. I willingly help with class equipment. I line up quietly at the start and end of lessons and walk in a single file line.	I am happy to work with all members of the class. I am able to be both a leader and follower at the right time. I volunteer to assist with class equipment. I change for PE in under 5 minutes. I always lines up quietly at the start and end of lessons and I walk in a single file line. I encourage and help my peers to do the same.
Health and Fitness	I usually wear most of the correct PE Kit. I can walk to and from PE venues without tiring. With encouragement, I will participate in a warm up.	I usually wear a complete PE Kit. I can walk to and from PE venues without tiring and participate with energy for the whole lesson. I willingly participate in a warm up. I can state some general ways to improve fitness for football.	I always wear a complete PE Kit. I always walk quickly to and from PE venues and participates with energy for the whole lesson. I can lead peers in an effective warm up for football. I usually brings a water bottle to lesson.	I always wear a complete PE Kit. I always walk quickly to and from PE venues and participate with energy for the whole lesson. I can lead peers in an effective warm up for football. I can state specific methods to improve fitness for football. I always bring a water bottle to lesson.

